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with support from



SRHR WATCH PARTY PROJECT REPORT

Empowering Young Family Planning Champions in Nigeria

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Acknowledgment

We express our deepest gratitude to our funder, Organon, whose generous support made the SRHR Watch Party project possible. Your commitment to advancing sexual and reproductive health and rights (SRHR) for young people continues to inspire impactful change in our communities.

Our heartfelt thanks go to the dedicated project team, namely Elizabeth Talatu Williams, Oladimeji Ibrahim, Adek Bassey and Felicity Ike, whose passion, expertise, and tireless efforts ensured the successful planning and execution of this initiative. Your collaborative spirit and attention to detail were invaluable throughout the process.

We also sincerely thank our implementing partner organizations for their unwavering support, technical guidance, and shared commitment to improving SRHR outcomes. Your partnership was instrumental in reaching our goals and delivering quality interventions. They include the Sustainable Impact and Development Initiative, Stand With A Girl Initiative, BrenCare Foundation, Today For Tomorrow Foundation, E-Caph, and Community and Youth Development Initiative (CYDI).

Most importantly, we acknowledge and celebrate the beneficiaries of this project, the young people who participated in the training for family planning champions. Your enthusiastic engagement, curiosity, and willingness to learn reinforce the importance of youth-led and youth-centered approaches to SRHR education.

Together, we continue to champion a future where everyone, regardless of age or background, has access to accurate information, quality services, and the freedom to make informed decisions about their health and well-being.

Executive Summary

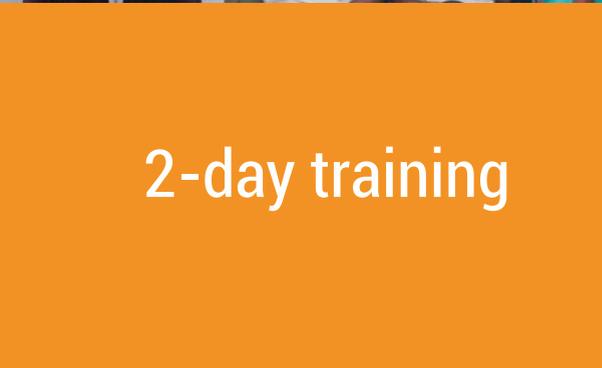
The SRHR Watch Party Project, implemented by the African Youth and Adolescent Network on Population and Development (AfriYAN) Nigeria with support from Organon from January to March 2025, empowered over 600 adolescents and young people across six Nigerian states with accurate, inclusive information on sexual and reproductive health and rights (SRHR), including family planning.

Through two-day training and social media campaigns, the initiative addressed myths, improved knowledge, and promoted youth-friendly services. It prioritized the inclusion of marginalized groups, such as persons with disabilities and those living with HIV, ensuring no one was left behind.

The project strengthened youth advocacy and built a network of family planning champions committed to driving change within their communities.



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Background and Rationale

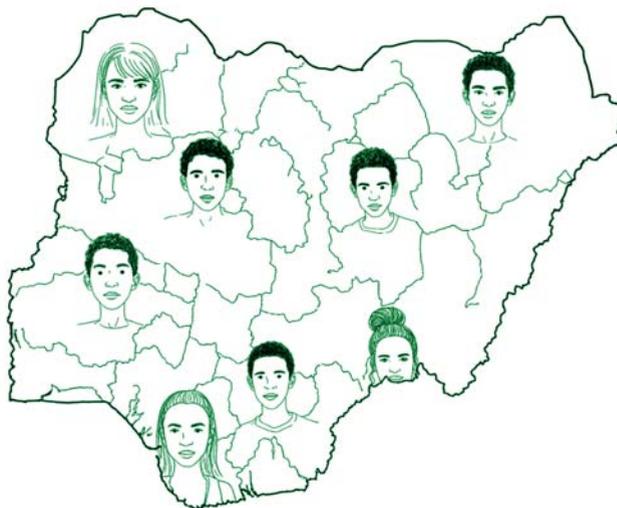
Nigeria has the largest youth population in Sub-Saharan Africa, with 22% aged 10–19.

Adolescents and young people face significant sexual and reproductive health (SRH) challenges, including early sexual initiation, unintended pregnancies, and high rates of Sexually Transmitted Infections (STIs) and HIV. Girls are particularly vulnerable, with many becoming sexually active by age 15, often without access to accurate information or youth-friendly SRH services.

The project strengthened youth advocacy and built a network of family planning champions committed to driving change within their communities.

Social, cultural, and religious norms contribute to misinformation, stigma, and low uptake of contraceptives among youth. Many health facilities are not adolescent-centered, especially in rural areas, limiting access to essential care. Misconceptions that SRH education promotes early sexual activity further restrict open dialogue, leaving young people without the tools to make informed decisions about their health.

In response, the African Youth and Adolescent Network on Population and Development (AfriYAN) Nigeria, with support from Organon, will host a 2-day SRHR watch party in Lagos, Nigeria, using web-based technology. The aim is to equip adolescents and young people with accurate SRHR and family planning information, promote healthy behaviours, and dispel myths and misconceptions. This initiative is aligned with the global campaign "Her Plan is Her Power", which promotes innovation, access, education, and advocacy to reduce unintended pregnancies and improve SRHR outcomes in underserved communities.



Girls are particularly vulnerable, with many becoming sexually active by age 15, often without access to accurate information or youth-friendly SRH Services.

Project Objectives

The SRHR Watch Party Project aimed to:



Educate adolescents and young people on sexual reproductive health, including family planning.



Provide adolescent and youth-friendly health services, including contraceptives to young people.



Methodology

2 Day Training:



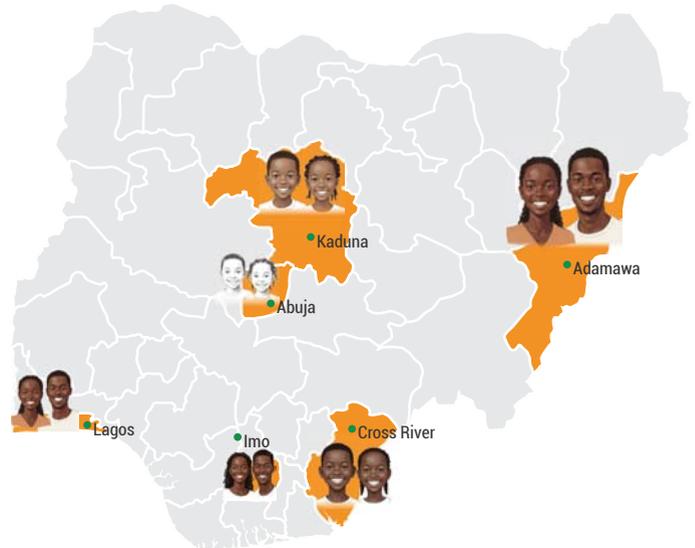
A 2-day training for 100 adolescents and young people between the ages of 10 - 29 was conducted across 6 states in Nigeria. They include Lagos, Abuja, Kaduna, Cross River, Imo, and Adamawa, respectively. The participants trained include persons with disability, persons living with HIV, adolescent girls and young women, boys and young men and LGBTQI+ young persons.

Social Media Activities:



A one-day social media activity was conducted across the 6 states in Nigeria. These included Twitter (x) spaces, Instagram lives, and WhatsApp group discussions to dispel the myths and misconceptions surrounding family planning with young people online. The activities were done using the hashtags #HerPlanHerPower and #SRHRWatchParty.

100+ adolescents and young people across six Nigerian states



#HerPlanHerPower
#HerPlanHerPower
#HerPlanHerPower

#SRHRWatchParty
#SRHRWatchParty
#SRHRWatchParty



Project Activities



📅 7th & 8th March, 2025
📍 Abuja

2 Day Training:

AfriYAN Nigeria in partnership with its member organization, Stand With A Girl Initiative organized a 2 day training for adolescents and young people in Abuja on the 7th and 8th of March, 2025. The training opened with introductions and a value clarification session titled “We Listen, We Don’t Judge” to assess participants’ baseline knowledge.



Maureen Torkula facilitated interactive sessions on SRHR and family planning, addressing myths, menstruation, hormonal imbalances, and male fertility. Victory Bunmi Abraham led an advocacy session emphasizing the role of social media and youth voices in promoting family planning.

The second day began with a value clarification exercise and welcome address by Tamaraukuro Duomu, who encouraged open-minded participation. Maureen Torkula gave a detailed session on SRHR, highlighting the importance of proper terminology and body awareness. Felicity Nneoma, AfriYAN Nigeria’s Deputy National Coordinator conducted a session on family planning methods, sparking engaging discussions and debunking prevalent myths. Seyi Bolaji emphasized using advocacy and social media to promote family planning, followed by a post-training assessment that confirmed participants’ improved knowledge. The two-day training fostered learning, advocacy, and open dialogue around SRHR and family planning, equipping 93 participants with accurate knowledge and the capacity to be family planning champions in their communities.



93 participants were equipped with accurate knowledge and the capacity to be family planning champions in their communities.

Social Media Activity

SWAG Initiative implemented two key media engagements to expand the reach of the training. A **Facebook Live Broadcast** streamed the entire two-day SRHR and family planning workshop, allowing wider access to the discussions and insights. Additionally, a **WhatsApp Chat Session** titled "Let's Vibe, Let's Chat & Let's Discuss SRHR" was held on March 17, 2025, reaching over 95 participants. The session featured interactive discussions, polls, and expert-led Q&As on SRHR and family planning.



Let's vibe, let's chat and let's discuss SRHR

When: Monday 17th March, 2025
Time: 8:30pm WAT

Venue: Whatsapp Group Join us via:



Membership has since grown to 108, and the group continues to serve as a learning hub for young people.



 4th & 5th March, 2025
 Adamawa

2 Day Training:

AfriYAN Nigeria in partnership with its member organization, Today For Tomorrow Initiative organized a 2 day training for adolescents and young people in Adamawa on the 4th and 5th of March, 2025. Facilitated by Keturah Balanso (State Lead) and Blessing Kwache (AYP Program Officer), the training provided participants with accurate information on Sexual and Reproductive Health and Rights (SRHR), focusing on family planning. The session included interactive discussions that addressed common myths and misconceptions, practical demonstrations of contraceptive methods, and the importance of accessing services through health providers. Key highlights included the need for youth-centered education, access to services in rural areas, and male involvement in family planning. The training concluded with 100 participants receiving certificates as family planning champions presented by Adek Bassey, National Coordinator, AfriYAN Nigeria and a call to cascade the knowledge within their communities.

100
participants
received
certificates
as family
planning
champions



Social Media Activity

The Today for Tomorrow Initiative (TFT) implemented media engagements to increase awareness and promote knowledge around contraceptive use and SRHR among young people. A virtual sensitization session was held featuring three expert co-anchors, namely Adek Bassey (National Coordinator, AfriYAN), Keturah Balanso (Registered Nurse and Youth Advocate), and Blessing Kwache (AYP Program Coordinator). The session provided a safe and interactive space for youth to ask questions, debunk myths, and learn about contraceptive access, family planning, and informed decision-making. This engagement attracted a diverse online audience who actively shared feedback and reflections in real time, equipping young people with accurate information and promoting open dialogue around SRHR.

The session provided a safe and interactive space for youth to ask questions, debunk myths, and learn about contraceptive access, family planning, and informed decision-making.





 7th & 8th March, 2025
 Cross-River

2 Day Training:

AfriYAN Nigeria in partnership with its member organization, BrenCare Foundation organized a 2 day training for adolescents and young people in Cross-River on the 7th and 8th of March, 2025. The training featured a session on digital advocacy, where Rachel Idim highlighted how platforms like TikTok and Twitter can be used to dispel misinformation and amplify credible SRHR content. Participants practiced using hashtags like #HerPlanHerPower and #SRHRWatchParty. A second session by Nurse Atim Ekpo introduced participants to various family planning methods, both long and short-term, addressing common myths around contraceptives and encouraging participants to educate others. A total of 100 young persons were trained to serve as family planning champions in their communities.



100
young persons were trained to serve as family planning champions in their communities.



Social Media Activity

The online edition of the SRHR Watch Party took place on Saturday, 15th March 2025, with the theme "Family Planning: My Body, My Future – Separating Myths from Facts." The session had 33 participants via live stream and was moderated by young SRHR advocates namely Chinatu Blessed, with Ola Usang and Imo Uchenna as guest speakers. Key highlights from the discussion included tackling misinformation around family planning, engaging faith leaders in SRHR advocacy, strengthening healthcare systems and leadership commitment and expanding access to youth-friendly centers nationwide.



AfriYAN **ORGANON** **BrenCare Foundation**
Here for her health

Family Planning: My Body, My Future – Separating Myths from Facts

Speaker **Usang Ola**
Secretary, UNFPA YPP
CRSO

Speaker **Imo Uchenna**
M & E Officer
BrenCare Foundation

Moderator **Chinatu Orji**
Volunteer
BrenCare Foundation

SATURDAY | MAR. 15 | 05:00 PM

Instagram **LIVE** @BrenCare Foundation

The session had 33 participants via live stream



📅 15th March, 2025
📍 Imo

2 Day Training:

AfriYAN Nigeria, in partnership with its member organization, Centre for Youth Development and Innovation (CYDI), organized a comprehensive family planning (FP) training for adolescents and young people in Imo State on the 15th of March, 2025. The training followed a strategic state planning meeting with key stakeholders, including the Imo State Family Planning Coordinator, Mrs. Ndukuba Edith, who co-facilitated the sessions and provided a directory of FP service delivery points in Owerri Zone. To ensure diverse participation, CYDI mobilized youth through engagements with over 15 community-based organizations representing LGBTQ+ persons, young people living with HIV, and persons with disabilities.

The training was delivered in two tailored sessions. The first session focused on LGBTQ+ youth, young people with disabilities, and those living with HIV, addressing stigma and their unique SRHR needs. The second session engaged adolescents and youth from various networks across Imo State. Facilitators included Felxfame Enisire, who gave an overview of SRHR; Mrs. Ndukuba Edith, who debunked FP myths and explained contraceptive methods; and Nlemchi Ashiegbu of MSI Nigeria, who emphasized emotional intelligence and reproductive rights. Participants received practical demonstrations on condom use, information materials, and FP directories. Early arrivals were rewarded with branded T-shirts, and inclusion was ensured with the support of a sign language interpreter. The training empowered 82 adolescents and young people with accurate, inclusive, and practical knowledge on family planning and SRHR.

82 adolescents and young people with accurate, inclusive, and practical knowledge on family planning and SRHR.



Social Media Activity

CYDI co-hosted a Live Twitter (X) Space Chat on 12th March 2025 titled "Debunking Myths and Presenting Facts About Family Planning." The session, anchored by Felxfame Enisire and featuring AfriYAN Nigeria's Deputy National Coordinator, Felicity Nneoma, provided accurate, evidence-based information to address widespread misconceptions about family planning.

The interactive discussion engaged a diverse audience and promoted open dialogue, reinforcing CYDI's commitment to empowering young people with the knowledge needed to make informed reproductive health decisions.





📅 28th February, 2025

📍 Kaduna

2 Day Training:

AfriYAN Nigeria in partnership with its member organization, Enhancing Communities Actions For Peace and Better Health Initiative (e-CAPH) organized a one day training on February 28, 2025, in Kaduna Sahaba Hall, Rigasa, Kaduna, with 120 adolescents and young people (AYPs), including persons with disabilities. The event featured interactive sessions facilitated by Zakiyya Said Abdulkadir, Aisha Ibrahim Ladan, and Muhammad Sani Kabir, covering topics such as family planning methods, STI prevention, and overcoming cultural, social, and religious barriers to SRHR access. Participants discussed and clarified misconceptions about family planning and emphasized the importance of youth access to accurate SRHR information. Additionally, e-CAPH provided free HIV testing for participants who had not previously been tested, enabling them to know their status and make informed health decisions. Youth consent was obtained prior to testing, following pre-test counseling. Post-test counseling was provided based on individual results to support healthy lifestyle choices.

120
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The event covered topics such as family planning methods, STI prevention, and overcoming cultural, social, and religious barriers to SRHR access.



Social Media Activity

On 8th March 2025, e-CAPH co-hosted a Live Twitter (X) Space Chat titled "Debunking Facts and Myths of SRHR" to commemorate International Women's Day. Hosted by Sani Muhammada Kabir, Communication Lead at e-CAPH, and facilitated by Zakiyya Said Abdulkadir, a Health Practitioner and Program Coordinator, the session explored traditional and non-traditional family planning methods while addressing widespread myths and misconceptions. The interactive dialogue created a safe space for adolescents and young people to ask questions, access accurate information, and engage openly on reproductive health issues. Reinforcing e-CAPH's commitment to empowering young people with knowledge for informed decision-making, the engagement recorded significant reach and interaction across social media platforms—X (Twitter) saw 138 impressions and 27 engagements; Facebook had 9,900 views and 9,300 engagements; while Instagram recorded 2,061 views and 18 interactions.



DEBUNKING THE FACTS AND MYTHS OF SRHR

Join us for an insightful x-space as we discuss the common misconceptions of Family Planning (Child spacing) designed to empower and inspire Adolescent and young people like you!

SAT. 8TH MARCH 2025

10:30AM

TWITTER (X) SPACE



Zakiyya said Abdulkadir
Health personnel/program coordinator



Muhammed Sani Kabir
Communications/Research

Follow us on



@e-CAPH



@eCAPH2011

Supported by





 7th and 8th March, 2025
 Lagos

2 Day Training:

AfriYAN Nigeria in partnership with its member organization, Sustainable Impact and Development (SID) Initiative organized a two-day training on 7th and 8th March 2025. The event featured insightful sessions on consent and family planning, aimed at equipping young people with accurate information and fostering informed choices. Day 1 opened with a session on Consent by Kalu Kingsley, who introduced the FRIES technique and debunked common myths. Participants shared personal experiences and asked questions around consent in relationships. Adjete George Friday facilitated the Family Planning session, providing an overview of contraceptive methods including condoms, oral pills, implants, injectables, IUDs, permanent and natural methods. He emphasized benefits such as reduced maternal mortality and empowered decision-making, concluding with a condom-use demonstration.

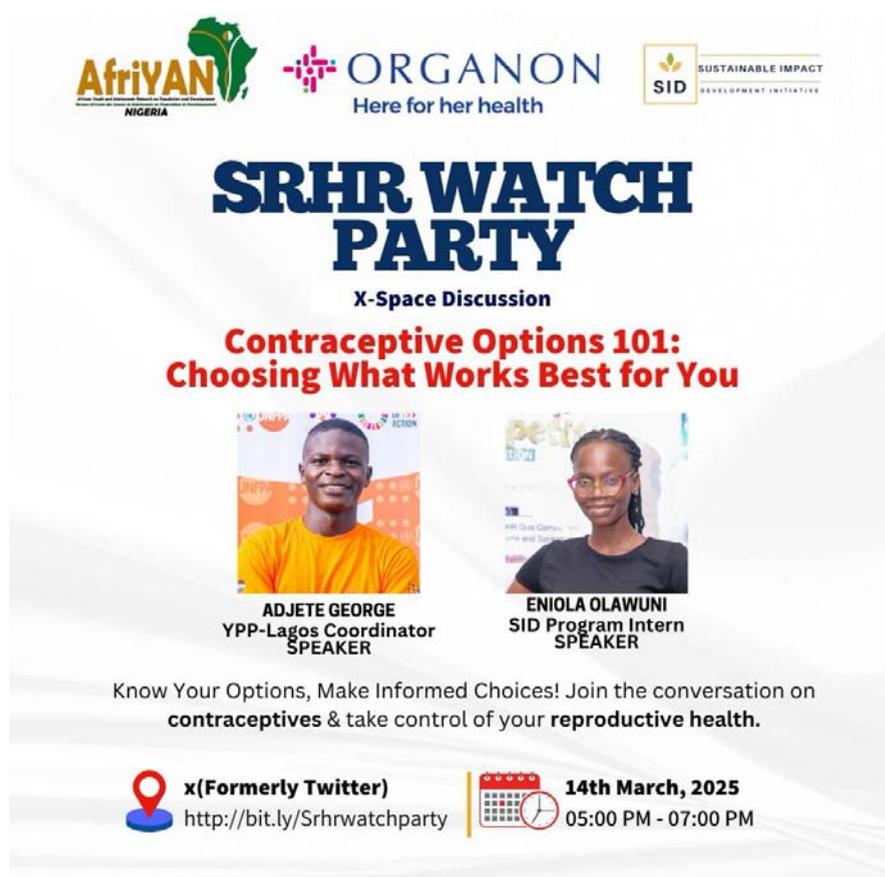
Day 2 began with a Consent session by Ayomipo Olajube, who highlighted the importance of communication, bodily autonomy, and the role of men in consent conversations. Real-life scenarios were explored to clarify misconceptions. Mercy Bolaji-Taiwo led the Family Planning for Young People session, stressing the need for youth-friendly services and addressing barriers to access. The two-day event encouraged open dialogue, challenged misconceptions, and empowered 100 young people to become advocates for consent and family planning in their communities.

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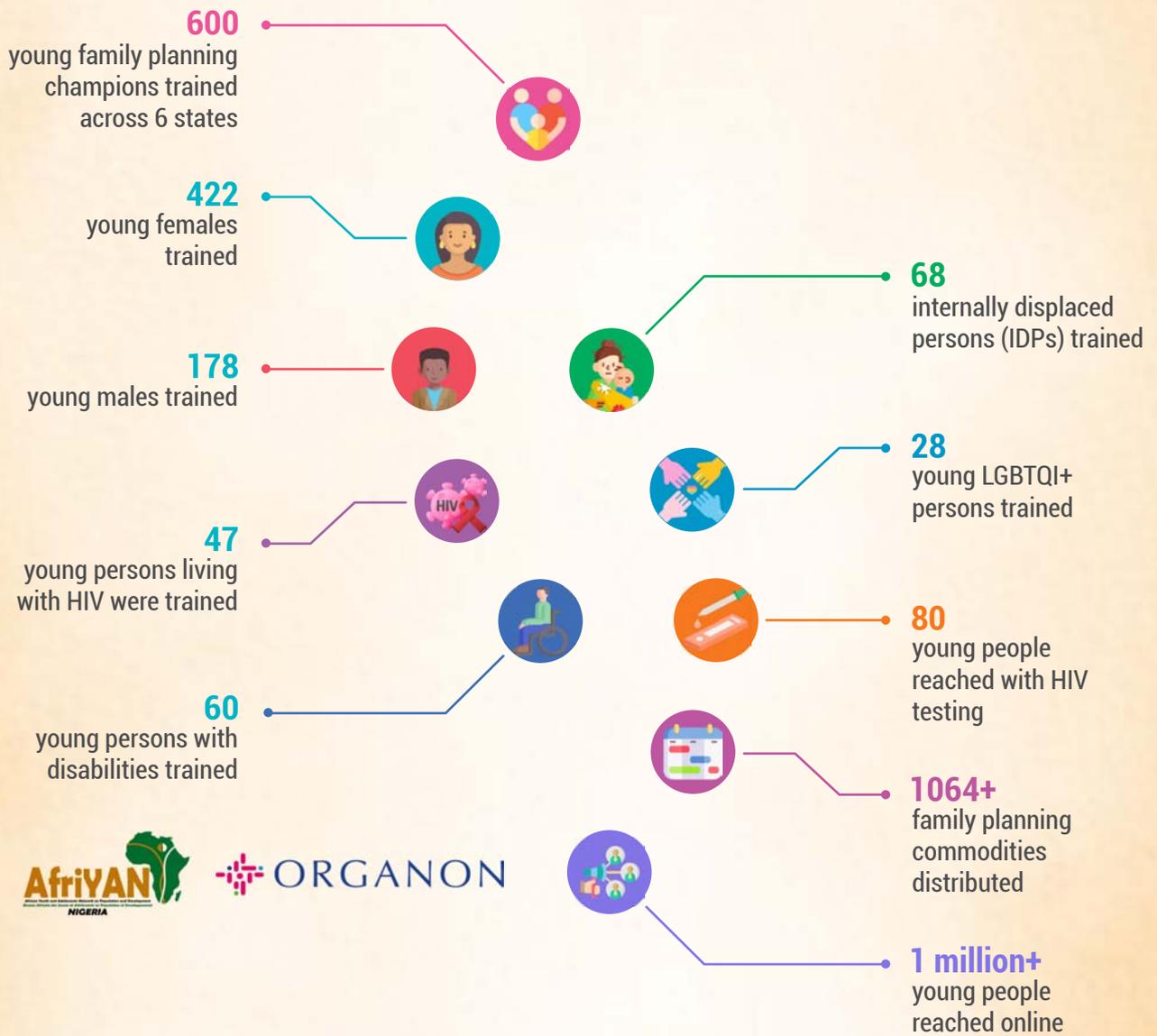
Social Media Activity

The SRHR Watch Party X (Twitter) Space discussion took place on 14th March, 2025, with the theme “Contraceptives and Family Planning: Informed Choices for Young People.” The live session recorded 114 participants and was moderated by young SRHR advocates. Speakers emphasized the importance of accessible, youth-friendly contraceptive services, and shared practical guidance on making informed reproductive health decisions. Key highlights included improving access to accurate information, promoting youth engagement in SRHR advocacy, and mapping centers where young people can access safe, non-judgmental family planning services.



The poster features logos for AfriYAN NIGERIA, ORGANON (Here for her health), and SID SUSTAINABLE IMPACT DEVELOPMENT INITIATIVE. The main title is "SRHR WATCH PARTY" in large blue letters, followed by "X-Space Discussion" in smaller black text. The topic is "Contraceptive Options 101: Choosing What Works Best for You" in red. Two speakers are featured: Adjete George, YPP-Lagos Coordinator, and Eniola Olawuni, SID Program Intern. The text encourages participants to "Know Your Options, Make Informed Choices! Join the conversation on contraceptives & take control of your reproductive health." The event is on X (Formerly Twitter) at <http://bit.ly/Srhrwatchparty> on 14th March, 2025, from 05:00 PM to 07:00 PM.

Achievements and Impact



	Abuja	Adamawa	Kaduna	Imo	Cross-River	Lagos	Total
No of females trained	67	62	92	57	74	70	422
No of males trained	30	38	28	25	26	31	178
No of young persons living with HIV trained	0	5	22	4	6	10	47
No of young persons with disabilities trained	1	6	15	20	8	10	60
No of IDPs trained	29	15	21	0	3	0	68
No of LGBTQI+ persons trained	0	0	5	13	0	10	28
No of young persons reached with HIV testing	0	0	80	0	0	0	80



Challenges and Lessons Learned

Inclusive Outreach:



Minor challenges were faced in reaching marginalized groups like young people living with HIV and internally displaced persons, highlighting the need for more targeted mobilization.

Resource Gaps:



High demand for condoms and inflation-related costs strained available resources, indicating a need for flexible budgeting.

Capacity Needs:



The project showed the need to strengthen member organizations skills in project planning, documentation, and reporting for better outcomes.

Sustainability Focus:



Ongoing support is essential to enhance the long-term impact and effectiveness of future interventions.



Recommendations

Enhance Targeted Mobilization Strategies:

Develop tailored outreach plans to effectively engage marginalized groups, including young people living with HIV and persons with disabilities.



Ensure Timely and Adequate Resource Allocation:

Incorporate flexible budgeting mechanisms to account for inflation and ensure the consistent availability of high-demand SRHR materials such as condoms and IEC tools.



Build Partner Capacity:

Organize regular capacity-building sessions for member organizations of the youth network on program design, financial reporting, and documentation to improve overall project delivery and accountability.



Promote Sustainability Measures:

Support partners to integrate sustainability plans within their projects, ensuring continued community engagement and impact beyond the implementation phase.



Success Stories



"Before attending the SRHR Watch Party in Lagos, I had very little knowledge about Sexual and Reproductive Health and Rights. Through the training, I learned so much, especially about family planning. Now, I feel more confident discussing SRHR topics and making informed decisions about my reproductive health"

**- Anigbata Karen, Physiology Student,
Lagos, Nigeria**

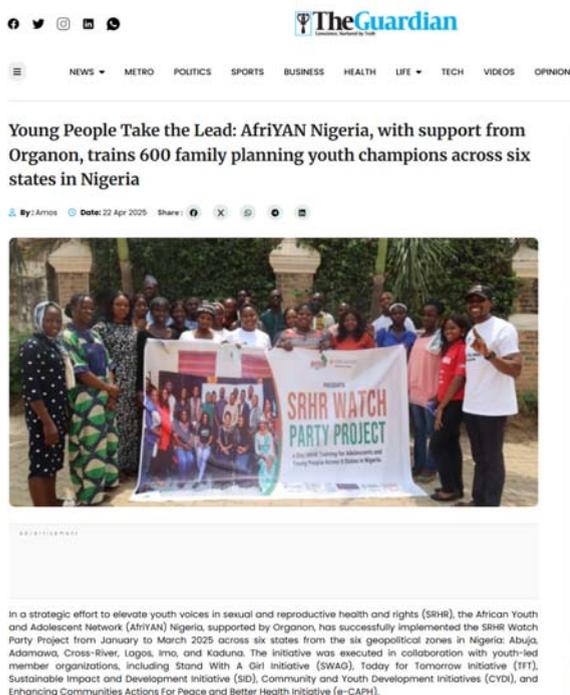


"I really appreciate the training where I gained valuable knowledge on consent and family planning. I will be stepping down the training to other members of the PWD Yaba Deaf Association so they too can benefit from the knowledge and skills I've acquired."

**- Olayiwola Kazeem, Member,
PWD Yaba Deaf Association, Lagos, Nigeria**



Media Publication



The Guardian article features a group photo of participants and organizers holding a banner for the SRHR Watch Party Project. The banner text reads: 'SRHR WATCH PARTY PROJECT - Empowering Young Family Planning Champions in Nigeria'. Below the photo, the article text begins: 'In a strategic effort to elevate youth voices in sexual and reproductive health and rights (SRHR), the African Youth and Adolescent Network (AfriYAN) Nigeria, supported by Organon, has successfully implemented the SRHR Watch Party Project from January to March 2025 across six states from the six geopolitical zones in Nigeria: Abuja, Adamawa, Cross-River, Lagos, Imo, and Kaduna. The initiative was executed in collaboration with youth-led member organizations, including Stand With A Girl initiative (SWAG), Today for Tomorrow Initiative (TTI), Sustainable Impact and Development Initiative (SID), Community and Youth Development Initiatives (CYDI), and Enhancing Communities Actions for Peace and Better Health Initiative (e-CAPH).

Guardian

<https://guardian.ng/features/young-people-take-the-lead-afriyan-nigeria-with-support-from-organon-trains-600-family-planning-youth-champions-across-six-states-in-nigeria/>



The Independent Day article features a group photo of participants and organizers holding a banner for the SRHR Watch Party Project. The banner text reads: 'SRHR WATCH PARTY PROJECT - Empowering Young Family Planning Champions in Nigeria'. Below the photo, the article text begins: 'LAGOS- In a strategic effort to elevate youth voices in sexual and reproductive health and rights (SRHR), the African Youth and Adolescent Network (AfriYAN) Nigeria, supported by Organon, has implemented the SRHR Watch Party Project from January to March 2025 across six states from the geopolitical zones in Nigeria. The states are Adamawa, Cross-River, Lagos, Imo, Kaduna and Abuja.'

Independent Day

<https://independent.ng/afriyan-nigeria-with-support-from-organon-trains-600-family-planning-youth-champions-in-six-states/>

Conclusion

The SRHR Watch Party Project successfully empowered over 600 adolescents and young people across six Nigerian states with accurate, inclusive, and youth-friendly information on sexual and reproductive health and rights particularly family planning.

By combining in-person training with digital outreach, the initiative strengthened knowledge, dispelled myths, and fostered youth-led advocacy on family planning. The project's inclusive approach of engaging marginalized groups and leveraging social media demonstrates its potential as a scalable model for advancing SRHR across Nigeria. Hence, sustained investment, stronger partnerships, and youth leadership will be critical to building on this momentum and ensuring lasting impact.





About Us

The African Youth and Adolescent Network on Population and Development (AfriYAN) Nigeria is a National youth-led network established in 2017, comprising over 100 youth-led and youth-focused organizations in Nigeria that coordinate the efforts and responses made by youth led organizations, adolescents and youth advocates contributing to addressing health, economic, social, developmental, climate issues among others in Nigeria. It serves as a platform for consultation, collaboration, and action among national youth organizations across Africa.

It engages with governments and development partners to advance the Sustainable Development Goals (SDGs), the ICPD Plan of Action, and the African Youth Charter. AfriYAN promotes youth participation in policy development, implementation, and monitoring, while fostering partnerships, resource mobilization, and capacity sharing. It advocates for youth-led solutions in population, development, and the demographic dividend.

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 AfriYAN Nigeria

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