



World
Menstrual Hygiene Day

20
24

Snapshot Report

Imo State Technical Working Group
on Menstrual Health and Hygiene Management

Background

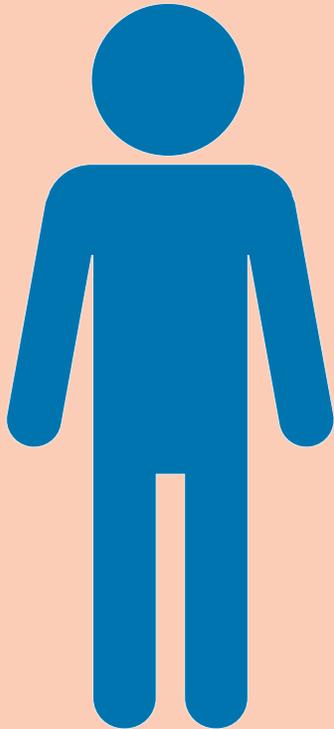
The Technical Working Group on Menstrual Health and Hygiene Management in Nigeria was created through the combined efforts of the Water Supply and Sanitation Collaborative Council (WSSCC) and the Federal Ministry of Women Affairs of Nigeria. It aims to promote menstrual health and hygiene across the country. In Imo State, the network, which includes organizations like CARA Development Foundation, Community & Youth Development Initiatives (CYDI), Foundation for Livelihood Advancement, HonourBirth Foundation, Alliances for Africa (AfA), Virgin Heart Foundation (VHF), Communal Care Center (CCC), and Open Arms Initiatives, organized the International Menstrual Hygiene Day celebration on May 28th. The events began with a live chat on social media on May 21st to educate different religious groups about menstrual health. Activities continued until June 5th, 2024, and included visits to two schools and two health centers to raise awareness among women of reproductive age.

The network was divided into Group A and Group B and reached a total of 274 people: 13 members of religious groups via Google Meet; 69 people at Mgbirichi and Okohia Health Centers (63 young females, 2 young males, 4 adult females); 110 students (51 females, 59 males); 25 persons with disabilities (5 young females, 16 adult females, 4 adult males); and 57 Peer Educators Group members (37 females, 20 males). Additionally, 130 reusable sanitary pads were distributed to students, teachers, and people living with disabilities. This report brings together and reviews both the numbers and stories gathered. The main goals of this report are to celebrate the achievements of the 2024 MHM Day in Imo State and to share important insights for improving future advocacy efforts.

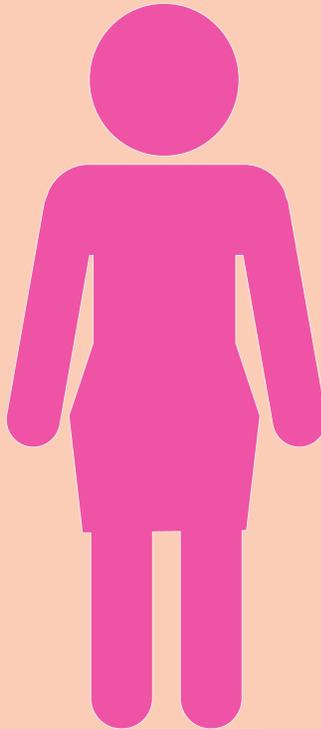
Our Achievements in Number

Male

Female



85



176

Persons with Disability



Sanitary Pads distributed



Schools



Health Facilities



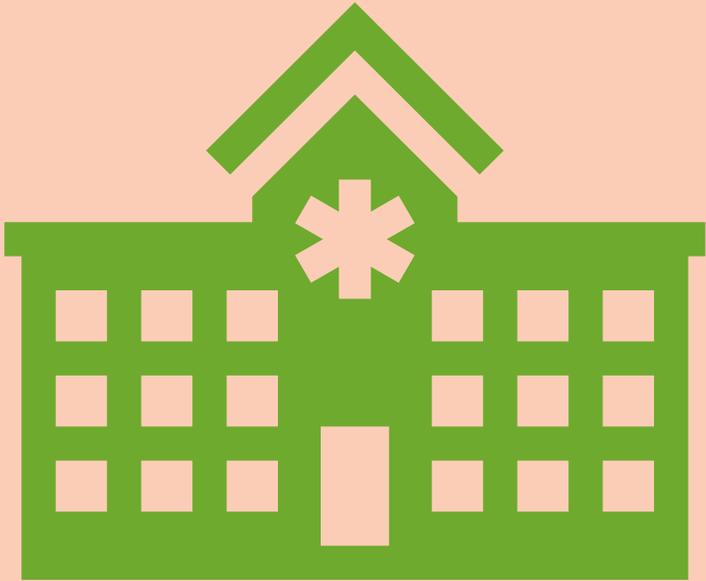
Summary of Achievements

- Successfully trained 13 persons, including young girls and women on menstrual health and hygiene management via the social media live chat.
- Built the capacity of 69 persons including 63 young women, 2 young men and 4 adult women on menstrual health and hygiene management at Mgbirichi health center in Ohaji/Egbema and Okohia health center in Isiala Mbano LGAs both in Imo State.
- Sensitized 25 Persons living with Disability (PWDs) including 5 young females, 16 adult females and 4 adult males, on menstrual health and hygiene management at Dan Anyiam Stadium.
- Sensitized 57 young Peer Educators including 37 females and 20 males on menstrual health and hygiene management.
- The network distributed 130 reusable sanitary pads to students, their teachers and PWDs.

Sensitization at Mgbirichi PHC, Ohaji Egebma LGA



Sensitization at Okohia PHC



A member of Networking speaking to mothers at Okohia PHC



Comprehensive Secondary School, Avu, Owerri west, Imo State



Okpofe Secondary School, Ezinihitte Mbaise, Imo State.



Engagement with Persons with Disability Network in Imo State during their Weekly Prayer



Engagement with In School Peer Educators during their Weekly Meeting



Sources of Funds



HONOURBIRTH FOUNDATION
for the
new generation

2024 WORLD MENSTRUAL HYGIENE DAY

MAY 28

DONATE TO PAD A GIRL

@N1,350

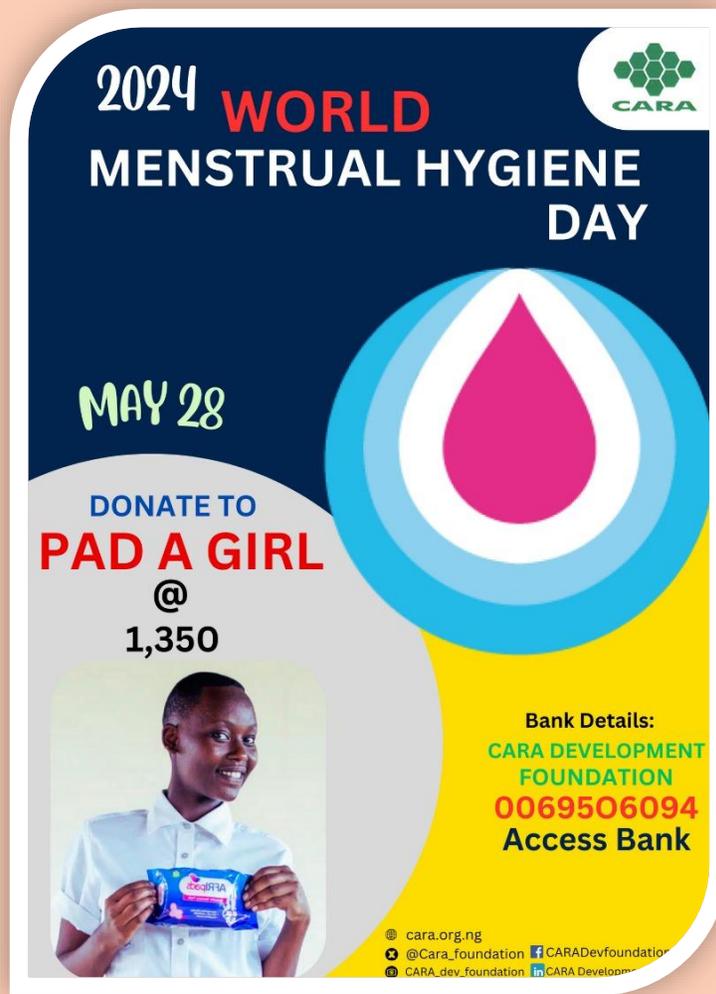
JOIN US LETS ERADICATE PERIOD POVERTY TOGETHER

BANK DETAILS

ACCESS BANK
HONOURBIRTH FOUNDATION
10034544092

FOR INQUIRIES

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📘 Honourbirth
📍 @HonourbirthF2
📧 Honourbirth_foundation



2024 WORLD MENSTRUAL HYGIENE DAY

MAY 28

DONATE TO PAD A GIRL @ 1,350

Bank Details:
CARA DEVELOPMENT FOUNDATION
0069506094
Access Bank

Bank Details:
CARA DEVELOPMENT FOUNDATION
0069506094
Access Bank

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Community & Youth Development Initiatives

28th May 2024 International Menstrual Hygiene Day

THEME:
Together for a #PeriodFriendlyWorld

Contact us:
0706-7829295

Support us: Guarantee Trust Bank (GTB)
Community & Youth Development Initiatives (CYDI) | 0043292948

www.cydizk.org | donate@cydizk.org

The network leveraged social media to raise funds for these activities, and contributions from individuals and friends were crucial to the event's success.

We extend our heartfelt thanks to everyone who contributed in cash and in kind, as well as to the network members who generously provided their time and expertise.



Acknowledgement

The 2024 Menstrual Hygiene Day celebration was a significant event that brought together key stakeholders and voices to promote menstrual health and hygiene. The success of this year's campaign and advocacy efforts was made possible by the collective efforts of many individuals and organizations.

We would like to extend our heartfelt gratitude to all those who contributed in cash and in kind, ensuring the success of this important event. Special thanks go to the survivors of menstrual stigma who bravely shared their stories, the grassroots organizations and civil society groups for their tireless mobilization and engagement, and the influential decision-makers who amplified our message.

We also acknowledge the leadership and support of our network members, including CARA Development Foundation, Community & Youth Development Initiatives (CYDI), Foundation for Livelihood Advancement, HonourBirth Foundation, Alliances for Africa (AfA), Virgin Heart Foundation (VHF), Communal Care Center (CCC), and Open Arms Initiatives, whose human resource contributions were invaluable.

Additionally, we are grateful for the generous funding provided by individuals and friends, whose financial support was crucial in making this event a reality.

Thank you to everyone who played a part in this year's Menstrual Hygiene Day. Your dedication and support are helping to ensure menstrual health and hygiene remain at the top of the development agenda.

